

## The Creative Path Mini-Training: Map to Your Highest Creativity

**Hi there fellow creatives, and welcome to the Creative Path Training, Part Three.** If you're ready to live your most creative life, to help inspire the world around you, then this is the place to be.

I'm Meghan Oona Clifford, I'm a Master of Fine Arts and the founder of The Creative Path Workshop. I'm doing this training to help you start the process of upgrading your creative practice, because NOW is the time the world needs to get inspired by your artwork.

So if you missed the first two videos, you can go back and start at the beginning, because in those videos I show you how to get over blocks and really show up, so you can become the artist you're meant to be.

### Why your art is so important

This video is all about following the Map to Your Highest Creativity. This is important because the calling artists feel is so rare and special, and needs to be nurtured and cherished. Our family, society, and friends - and sometimes even ourselves - don't always encourage artists. But it's artists who make life worth living, who explore deeper consciousness, who reveal truths about humanity, who dig deeper and help us evolve.

You're called to share your unique message and vision with the world, but sometimes life throws you all these obstacles. A lot of artists do quit, and that's a tragedy I don't want for any of you. I want to help you with what I know works.

After grad school, I got really serious about creating a prolific art practice, and I discovered just how to do that by combining all those years of study with some very specific exercises.

### A map to yourself

So one of the things I want to help you achieve today is, to take a few moments out of your day, sit down and relax, and ask yourself some questions about your Big Creativity Goals. Your answers will help illuminate your Creative Path.

I invite you to download the worksheet below right now. It's a Map to Your Highest Creativity, in that it reveals your goals, it tackles your limiting obstacles and beliefs, and then it leads you to uncover your own true voice, and what your unique message for the world may be.

### MYTH #1 Art isn't "real work"

One of the limiting beliefs people often have about their creativity is that it's not "real work," and other things must come before it. This couldn't be more wrong.

Art is one of our greatest gifts to humanity. It allows us to leave a legacy, and to share, by example, what living a fulfilling life actually looks like. These are not little things.

So I invite you to put aside that belief and embrace the worthiness of your creativity. Because you deserve to fulfill your potential, your family and friends deserve to see you live big, and the world will only benefit from seeing your unique work.

### MYTH #2 "The Starving Artist"

Another common myth artists suffer from is the Starving Artist Myth - that you can't invest in your art practice, because you're "always broke." This is also just so wrong. You actually have the greatest potential for abundance because you're so creative. Beyond the canvas, you can create what you need, not just for survival, but to actually flourish.

Now, lots of you will keep your day jobs and that's more than ok. But I challenge you to apply your creativity to make an abundance of time, energy, and investment into your creative practice.

### MYTH #3 "I'm not good enough"

I also hear from a lot of you who are beginners who are called to create but are a little insecure with your skills, and maybe you aren't totally confident yet, so you sometimes doubt your talent and ability. This can keep a lot of beginners in that place where you haven't found your unique style yet, and you're not really sure how to get there.

Let me just assure you, we're all born artists; as children we all played with crayons and paint. As long as you show up and do the work, you will get there. And if you need guidance, keep listening, because once you know how to fine-tune your purpose, vision, style, and message, then you can really do your part to inspire the world with your art.

## Feeling alive again!

When you embrace your innate, passionate creativity, you start to come more alive. You feel more free, and more YOU. In order to get to that place where you're 300% living your most creative life, and you're so much happier, purposeful, and alive, you first need to get over your blocks, which a lot of you have been doing right here in this training, because only then can this super juicy work can really begin.

The next steps are the part of the creative process that I truly LOVE, and that's why I put together The Creative Path Workshop. And I just want to thank you guys so much for all of your excitement and feedback about this Creative Path process.

I'm so happy to share it and I'm so excited to hear it's resonating. I love to see the artistic community come to life and really shine like that. So, thank you all.

Now if you're interested in going deeper and taking the next step, the workshop is a system using specific exercises to enhance your skills, and create an effective, prolific, and inspiring art practice. It's all about finding your voice and accessing your unique style, because that's how you share your special message with the world.

The success I've had using this formula has been amazing. I went from only making art when I felt inspired, or had a deadline, to creating hundreds of new artworks a year. And along the way, I learned how to create my very own style.

Why is this work so important? Well I for one, didn't want to be stuck not living my potential. I wanted to leave a legacy and inspire the world. I'm guessing if you're listening to this, you do too. Imagine what that can feel like.

## How to walk the Creative Path

My next video will be all about showing artists, of all levels, how to live your most creative lives, and I'll have all the details about the upcoming Creative Path Workshop, and exactly how you can get started.

And in the meanwhile, I'd love to hear about how you'll feel once you're living your most creative life - what does that look like for you?

You know, we're all in this together, and community is part of it, so be sure to add your voice to the comments below to join the conversation.

Ok, that's it for the mini-training. So thank you again, and keep an eye out for my next video about taking the next step.

*~ Meghan Oona*